

## Calendar of Events

### SEPTEMBER

- Mon 10 Catholic Schools' Music Festival,  
Ent Centre 7.30pm
- Tue 11 Touch Football Carnival
- Thu 13 "Cakes for Change" Stall  
1/2MT
- Concert Dress Rehearsal**
- Mon 17 Years 4/5 Excursion
- Tue 18 Morphett Vale Sacrament Program 5.30pm to 7pm
- Thu 20 "Cakes for Change" Stall  
4/5H
- Fri 21 Concert Technical Rehearsal
- Concert 7pm**
- Sat 22 *Concert 1pm*
- Mon 24 **Year 3 Excursion**  
**Rec S Excursion**
- Tue 25 *Cybersafe Families*  
*Parent Info Session*  
6.30pm to 8pm
- Wed 26 **Catholic Charities**  
**Carnival Day**
- Thu 27 "Cakes for Change" Stall  
RDA
- Soccer Presentation**  
**4.30 to 7pm**
- Fri 28 Assembly 6/7MS &  
6/7MR
- Last day of Term —**  
**normal finish 3.05pm**

### OCTOBER

- Mon 15 Welcome back morning  
Tea
- Tue 16 Morphett Vale Sacrament Program 5.30pm to 7pm
- Fri 19 Assembly 1/2MR**
- Wed 24 to Fri 26 Year 4/5 Camp
- Mon 29 P&F Meeting 9am

### NOVEMBER

- Wed 1 All Saints Whole School  
Mass 9.15am
- Fri 2 Assembly 1/2MT
- Sat 3 Car Boot Sale

Edition 41

6<sup>th</sup> September, 2018

## *Made In The Image of God*

### Year 1/2 MR



Heath



Kobi



Ariyah



Sybella



Evie



Annika

We thank God for the gift of our families. We used pastel crayons and watercolours to create our Art work.



We thank God for the gift of our bodies. We had to care for our baby dolls by bathing and dressing them.

Dear Parents and Caregivers,

### **A calm place at Emmaus**

You may be aware that Emmaus staff have been involved in a special research project this year, designed to increase learning outcomes for all students. The question the staff posed was, "What strategies best help students regulate and lead to increased time on academic learning?" The academic learning is the end game we want all students achieving at.

We know ourselves that learning happens best when we are calm and relaxed. Trying to concentrate or perform a new skill is much more difficult when we are anxious, frightened or stressed – remember when you had to parallel park during your driving test! When we are calm, we engage the prefrontal cortex, the part of the brain that helps us attend to instructions and undertake given tasks. This is true for our students too.

To enable greater attention and performance in the classroom, staff have been trialling a range of strategies to determine which have the greatest effect on the regulation of students. We have replaced the bells at the end of each play period with three pieces of music which decrease in speed, designed to help students return to class more calmly. We have also introduced calming spaces and 'soft landings' (deliberately planned quiet activities intended to further calm students) for a few minutes, in all classes, after the morning bell and end of Recess and Lunch so that students are ready to learn. This term, staff are implementing the 'Mind-Up' curriculum –designed to build resilience to stress, and develop a positive mind-set in both school and life.

Data we are collecting, suggests that these changes are making a difference to students, enabling teachers to spend maximum time on academic learning. These changes are here for the long term as we seek to do everything we can to improve the learning outcomes for all students at Emmaus. Ask your child about the 'new bell music' or the calming space in his/her classroom.

### **Staffing**

Lauren Adams, Yr 3 teacher, has requested and been granted, a term of Long Service Leave for term four this year. Justine Raponi will continue with this class for three days a week and she will be joined two days a week by Ms Amanda Fairley (our PE teacher two days a week).

As you know, Ms Brooke Moore is expecting her first child towards the end of this year. I am currently in the process of selecting a suitable replacement for Brooke, commencing mid term four 2018.

### **Congratulations**

Well done to our U12 Soccer team who have made it to the Cup Final. The game will be played on Saturday 21<sup>st</sup> September, with the time and place to be advised. Thank you to their coaches, Shane McDonald and Chris Fielder. Good luck team .....Go Emmaus!

I hope you all enjoy some sunshine this weekend.

God bless,

Catherine

*From the Deputy Principal*

## ***We had a dream***



A long time ago a group of people came together and started discussing an idea that they had, a shared vision of what could be. They started to plan and dream. Their ideas and dreams became quite elaborate. Over time they kept getting together to ensure that the dream did not die. They discussed, planned and dreamed together. After a while they realized that for the dream to become a reality it would require some expertise that they didn't have, so they started to share their dream with others, to involve them in the dream. They realised that the dream needed people of all ages and with many and varied skills for it to move from being a dream into something tangible. They got together with those people and went over and over their shared dream, evaluating and adjusting as they went along. Eventually it was time to see if their shared dream could indeed become real. Would it be possible to utilise the gifts and talents of such a varied group of people to turn a tiny dream into a huge reality?

As the first curtain goes up and the audience settles back to enjoy the Emmaus Concert the dream will have indeed become reality. A huge number of people of all ages and varied gifts and talents will have managed to make it so. As John Lennon once said *"A dream you dream alone is only a dream. A dream you dream together is reality."* Without all the people from the Emmaus community and the wider community being willing to dream together there would be no reality, no concert for all of us to enjoy. There would be no memories for people to share over the years, no "remember the time...", no "wasn't it funny when..", no "look at this photo of when your mother/father/Grandmother/Grandfather was young." The concert is truly a showcase of what can happen when people put aside any negative thoughts and focus only on "what do we need to do to turn the dream into reality?" There are many projects and endeavours that happen in a school, we have shown what can happen when the focus is on what can be achieved.

As other events and projects happen at Emmaus keep in mind the concert and how it has been achieved. Be prepared to be one of those dreamers who connects with other dreamers and creates a reality that might have looked impossible originally. Show your children that you truly believe dreams can become realities through shared expertise and plenty of hard work.

In the words of Henry Ford

***"Coming together is a beginning; keeping together is progress; working together is success."***

P.S. Spare a thought for our Festival Choir this Monday night as they come together with choirs from 13 other Catholic Schools, forming a choir of over 200 children, to perform at the Catholic Schools Music Festival. They have had to learn the songs and movements for the Music Festival as well as the Emmaus Concert. Truly an example of working together and hard work. We wish them every success.

Gary Pascoe  
Deputy Principal



## MADE IN THE IMAGE OF GOD

Have you ever thought about what this means?

When we consider the word 'image,' we immediately think of something visual. We could be mistaken in thinking that we 'look' like God....

The belief that human beings are made in the image of God is a foundational principle of the Catholic Church. The human person's capacity to comprehend God is limited to our lived experience of God. Everything in existence is there because of God, and reflects something of the nature of God. God is infinitely greater than the created world and it is faith that allows believers to accept the 'unknown' as mystery.

*God is loving- We are made to love*

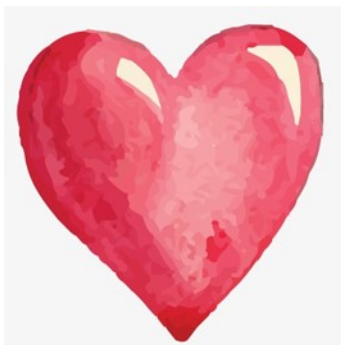
Despite human beings' inability to comprehend the mystery of God, Christians hold true to the fundamental belief that God is love. We are called to love- and to love all things and all people.

*God is relational... We are made to be relational*

God has revealed that God's essence is to be in loving relationship. The three parts of God: Father, Son and Spirit, exist in relationship and union with all things. We are called to be relational- to live in community.

*God is the Creator... We are made to create*

God created and continues to re-create. God created a universe "in a 'state of journeying' towards an ultimate perfection yet to be realised." Human beings are created in the image and likeness of God. Humans are God's work of art. God is intimately concerned with people's being, in their very existence. We are called to create.



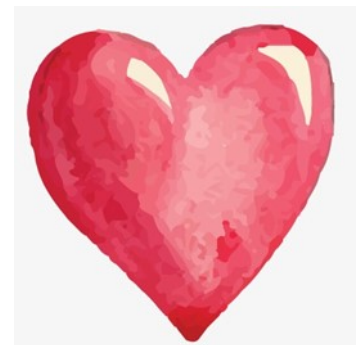
Put simply...

As humans, made in the image of God, we are...

**LOVING**

**RELATIONAL**

**and CREATIVE**



So all our actions, all the ways we connect with others and all the ways we exist in the world need to be *loving, relational and creative.*

*It's NOT about perfection.... It's about CONNECTION!*

*From the APRIM cont.*

## MADE IN THE IMAGE OF GOD (MITIOG)

### HUMAN SEXUALITY PROGRAM FOR SA CATHOLIC SCHOOLS

The MITIOG Program supports this fundamental understanding of Religious Education curriculum. The program consists of four key areas of learning. These include:

**Being Connected, Being Moral, Being Human and Being Sexual.**

At Emmaus Catholic School the Being Sexual component is covered in all classes during Term 3, with an aim to support families in the inquiring discussions which often follow the program. We encourage families to have rich conversations during this time.



We have included a small brochure in this edition of the newsletter containing the content, which will be covered in all classes over the next few weeks. However, if you receive the newsletter in hardcopy, these brochures can be collected from the Front Office. You can also visit the CESA MITIOG website:

<http://www.cesapp.catholic.edu.au/our-faith/made-in-the-image-of-god>



## CATHOLIC CHARITIES- CARNIVAL DAY... WEDNESDAY WEEK 10!!

Well, it is that time of year again, when we prepare ourselves for our Carnival Day to raise money for Catholic Charities. This is a very special event in our Social Justice Program at Emmaus and raises much needed funds for those in our local community who are most in need.

**This year our Carnival Day WILL BE A BIT DIFFERENT!!** It will be held on **Wednesday 26<sup>th</sup> September at 1.45pm-2.45pm**. The focus is a carnival for kids, by kids- raising money for others. As part of their economics learning, our Middle School students have developed small businesses. They will be selling their products during the carnival- with all profits (after shareholders are repaid) going to Catholic Charities. A note will be sent home soon with further information, including how families can support the event through donations. Students are invited to bring \$2-\$5 to spend at the carnival- and of course parents and family members are most welcome to join in the fun! **Teachers would love some help on the stalls too!**

*I was hungry and you gave me food,  
I was a stranger and you welcomed me.  
I was naked and you gave me clothing  
Just as you did it to one of the least of these  
who are members of my family,  
You did it to me.. Matthew 25:44-46*

*From the APRIM cont.*



The Catholic Charities appeal is held each year, supported by the Catholic community in Adelaide –through parishes and schools. It is important to remember that Catholic Charities support South Australians who need the help desperately provided by the Catholic Welfare agencies. The charitable agencies supported by Catholic Charities include:

#### **Catherine House**

Catherine House offers emergency and transitional supported accommodation to single adult women over 21 years who are homeless.

#### **Aim Karim**

The Sisters of St Joseph have established permanent accommodation and care for adults with intellectual disabilities.

#### **Catholic Deaf Association**

The Sisters of St Joseph, through the Catholic Deaf Centre, provide services for people who are deaf.

#### **St Patrick's Special School & Our Lady of La Vang School (formerly St Ann's Special School)**

Cater for children with intellectual and multiple disabilities, with students ranging in age from 5-20.

#### **Hesed Christian Community**

Hesed has a Catholic Christian ethos, but caters for all comers- Christian, non-Christians, all age groups, individuals, families, people from a wide range of cultures, with physical, emotional and mental disabilities, and drug, gambling and alcohol addiction.

#### **Louise Place**

Offers supported accommodation for homeless pregnant teenagers, with support in counseling, life skills and general education.

#### **Centacare Catholic Family Services**

Works with around 20,000 people each year providing a wide range of counseling, education and support services. Help is available for individuals, couples and families throughout the state for issues including: marital disputes, parenting problems, family breakdowns, grief and homelessness. Centacare has an office in our parish community on Bains Road.

#### **Hutt Street Centre**

Run by the Daughters of Charity, this is a meal and day centre for the homeless people in Adelaide. Men, women and at time children attend the centre. Over 2000 people access the centre with approximately 51,000 meals being served each year.

#### **Aboriginal Catholic Ministry**

The Otherway Centre at St Peters offers Indigenous Catholics a Sunday Eucharist. This Ministry also provides the wider indigenous community with counseling, a drop-in service, outreach to street kids and visiting people on the streets, in hospital, in parks, at their homes or in prison.

**Each family will receive a Catholic Charities envelope. This will provide further information about the charities, but also provide the opportunity for families to donate themselves, if they wish.**



Our Year 4/5 learners have been deepening their understanding of who they are. They wrote some extremely powerful statements. This is one example, written by Armani G (4/5 PM)...

*I AM... a person who understands the meaning of life and the meaning of God and how God created this world! I make people smile and laugh! I am a person who wants to change the world! I am a person who is one of a kind. I always try my best and I love my family no matter what! I am a person who wants to know more to life! I am a student who would like to learn more! I am a person who loves sport, video games, friends and family! I am a person who understands that people like us aren't the same and nobody is the same! I am a person who is double digits (10) which is amazing and I know that life is more than you!*



### 2018 MORPHETT VALE PARISH SACRAMENT PROGRAM

The Sacrament Program began in early February.

This program is especially for children 7 years of age and older who would like to continue their spiritual journey in the Catholic Church and receive the Sacraments of **Confirmation** and **First Holy Communion**. The Sacrament Program is held fortnightly on Tuesday evenings at 5:30pm - 7:00pm in the Morphett Vale Parish Hall, during school terms only.

For those involved, these dates include:

**Term 3: Sept 18<sup>th</sup>**

**Term 4: Oct 16th Oct 30th Nov 13<sup>th</sup>**

Contact the parish office for more information by phone: 8326 1555, via email ([mvparish@internode.net.au](mailto:mvparish@internode.net.au)) or by visiting their website (<http://www.morphettvalecatholic.com/>)



*From the APRIM cont.*

### **BAPTISM**

God calls each of us to a closer relationship with God where we can gain clarity, fulfillment and true happiness. It can be hard to hear this call and there is certainly enough noise to distract us. But when the time is right, something opens us to a deeper understanding and we are transformed. May we each take time to listen more closely to God's call. What awesome things has God got planned for you?

There have been a number of parents and families asking about Baptism in the parish and seeking baptism for their children. The parish is certainly here to support families on this very important stage on their faith journey. If there are any other families interested in baptism, please contact the parish office on 8326 1555 or visit the website: <http://www.morphettvalecatholic.com/> . I may also be able to answer any of your questions.

### **RCIA (RITE OF CHRISTIAN INITIATION FOR ADULTS)**

Adults who are interested in Baptism, Confirmation and First Communion prepare and celebrate through the Rite of Christian Initiation for Adults (RCIA.) In the Morphet Vale Catholic Community, the program begins in the second half of the year and the sacrament is celebrated on Easter Saturday the following year. If anyone is interested or just wants to find out more about the program, please contact the parish office on 8326 1555 or visit the website: <http://www.morphettvalecatholic.com/> . I may also be able to answer any of your questions.

God Bless,

Paul Mensforth

APRIM (Assistant Principal –Religious Identity and Mission)

([pmensforth@emmaus.catholic.edu.au](mailto:pmensforth@emmaus.catholic.edu.au))

**The P&F, in collaboration with Cybersafe Families, invite you to this important information session to assist you with the complexities of children in this digital age.**

Creche is available. Please RSVP to the office by Friday, 14<sup>th</sup> September.



Helping children  
grow safely in  
this world.

#### **Please join Us for the most important Parent Session this year!**

Cybersafe Families parent sessions provide parents and guardians strategies to make their home environment cybersafe! It's important for parents/guardians to understand both the opportunities and the threats that the online world provides, to equip them with knowledge about the best practices available to protect their family. We don't endorse overly strict regimes, just the importance of providing suitable technology inclusive environments that are appropriate for the different stages of each child's life.

**Where: Emmaus Catholic School**

**Date: September 25th**

**Time: 6:00 for 6:30pm start**

[cybersafefamilies.com.au](http://cybersafefamilies.com.au)

**"Building digital intelligence  
and online safety has never  
been so important!"**



**EMMAUS  
CATHOLIC SCHOOL**



# Jottings from Joy

## Everybody needs a "Piglet" ... or perhaps a team of "Piglets"!!



"Piglet?" said Pooh.

"Yes Pooh?" said Piglet.

"Do you ever have days when everything feels... Not Very Okay At All? And sometimes you don't even know why you feel Not Very Okay At All, you just know that you do."

Piglet nodded his head sagely. "Oh yes," said Piglet. "I definitely have those days."

"Really?" said Pooh in surprise. "I would never have thought that. You always seem so happy and like you have got everything in life all sorted out."

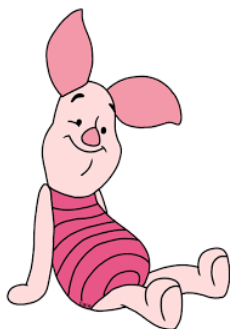
"Ah," said Piglet. "Well here's the thing. There are two things that you need to know, Pooh. The first thing is that even those pigs, and bears, and people, who seem to have got everything in life all sorted out... they probably haven't. Actually, everyone has days when they feel Not Very Okay At All. Some people are just better at hiding it than others."



"And the second thing you need to know... is that it's okay to feel Not Very Okay At All. It can be quite normal, in fact. And all you need to do, on those days when you feel Not Very Okay At All, is come and find me, and tell me. Don't ever feel like you have to hide the fact you're feeling Not Very Okay At All. Always come and tell me. Because I will always be there."

**EVERYBODY NEEDS A "PIGLET" - WHO IS YOURS??**

[#mentalhealthawarenessweek](#)





**EMMAUS**  
CATHOLIC SCHOOL

**Come along and grab a bargain!**

# Car boot Sale

**Raffles  
Sausages  
Drinks  
Face painting**

2 Todd Street, Woodcroft SA 5162

**FREE  
ENTRY**

**SATURDAY, 3 NOVEMBER 2018 — 10am-1pm**

**CAR SPOTS \$15**

**Set up from  
8:30am**

**BYO TRESTLES**

**CALL OR TEXT**

**0438 822 717**

to book or for more  
information.

**Payment required by  
19th October to hold  
your site**



**Raising funds for the 2019 Yr 6 Canberra Trip**

# SAVE THE DATE

In support of the 2019 Emmaus Canberra Trip Fundraising Team:

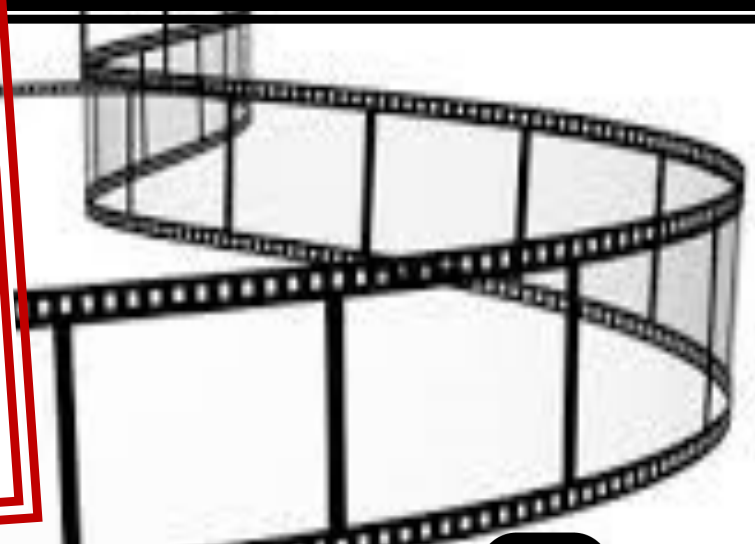
**17 NOVEMBER 2018**

DO NOT MISS this great opportunity.

ONLY \$15 for a framed professional family portrait.

What a great gift idea for those hard to buy  
grandparents for Christmas!

Look out for a  
booking sheet and  
shoot location details  
in the school notes—  
Week 1 Term 4



**ShootSA**   
photography





## **Emmaus Community Fair 2019**

**Date to be advised.**

### **We are looking for a Stall Convenor for the Trash & Treasure Stall for 2019**

**If you are interested, would you please contact the front office for further details.**

***Thank you***

**School  
Community  
Rewards**



### **The easy way to raise funds for our school**

Take out a qualifying banking product such as a home loan, and Credit Union SA will regularly donate a portion of their profits.

To find out more or to make an appointment at a time and place that suits you, contact Credit Union SA on 8202 7777 or visit [creditunionsa.com.au/scr-families](http://creditunionsa.com.au/scr-families)

#### **Switch your home loan to Credit Union SA... get \$3000!**

Available on any new, owner occupied refinance from another financial institution, where the minimum loan amount is \$300,000. Funds available at settlement. Limit of one cashback per household.



\*Offer valid as at 27 August 2018, subject to change and may be withdrawn at any time. Lending criteria, fees and conditions apply and are available upon request. All members of the school community must consider their own circumstances and obtain their own advice before joining School Community Rewards. The school takes no responsibility for any advice or product provided by Credit Union SA Ltd. This information is general in nature and doesn't take into account your own personal circumstances. It is important for you to consider the terms and conditions before acquiring any of our products or services to help you decide whether they are suitable for you. Conditions and fees apply. Lending criteria apply to all credit products. Products are issued by Credit Union SA Ltd (Australian Credit Licence 241066) except for insurance where the Credit Union acts as an agent for Allianz Australia Insurance Ltd AFSL 234708. 180827