

## Calendar of Events

Edition 29

1<sup>st</sup> March, 2018

### MAR

**Thu 1 to Fri 2 Year 3 Camp**

Fri 2 Assembly RecS

**School's Clean Up Day**

Mon 5 Rec—Yr 2 T-Ball

Tue 6 Morphett Vale Sacrament  
Program 5.30pm to 7pm

**Thu 8 Yrs 3-7 Lacrosse**

Fri 9 Bread and Rice Day

**Mon 12 Adelaide Cup - no school**

Wed 14 Swimming Carnival Day

**Thu 15 Yrs 3-7 Lacrosse**

Fri 16 Assembly 3AR

**GRIP Leadership House  
& Vice Captains**

*Mon 19 to Thu 22 Canberra Trip*

**Mon 19 Bookings open for Term  
1 Learning Conferences**

Tue 20 Morphett Vale Sacrament  
Program 5.30pm to 7pm

**Wed 21 Harmony Day—Shared  
Multicultural Lunch**

Sun 25 Palm Sunday

**Tue 27 Holy Week Presentation  
9.15am**

Wed 28 Holy Week Presentation  
9.15am

**Board Meeting 6.30pm**

Thu 29 Holy Week Presentation  
9.15am

Fri 30 Good Friday

### APR

Mon 2 Easter Monday

**Fri 6 Sports Day**

Mon 9 to Thu 12 Learning  
Conferences

Fri 13 **Assembly 4/5H**  
End of Term - normal  
finish time 3.05pm

*School Holidays 14 to 29 April*

**Mon 30 Term 2 Commences**



## Art in 4/5HA

This term we are studying the work of various famous artists. The first artist we have looked at is Vincent Van Gogh. We had a go at recreating his famous 'Sunflowers' painting.

Did you know: Vincent Van Gogh did over 2000 paintings and drawings in 10 years but he only ever sold one before he died!



# From the Principal

Dear Parents and Caregivers,

## Learning is hard

We are almost at the half way mark for this term. Our students have settled into new classes and are mostly comfortable with new routines, so learning is well and truly underway. The learning isn't always easy. In fact, if we are learning something new, we should expect to find it challenging. Research about learning tells us that in order to learn new things, we need to work in our zone of Proximal Development. This is the zone we are in when the learning is difficult and we have to think hard about it. This is where many of our students are at right now and this is a good thing. To become proficient with our learning, we need to practise and practise and practise until the learning is easy – then it's time to learn something new.

To support your child/ren with their learning you can encourage them to practise their learning and encourage them when the learning gets tough. Tell your child/ren about a time that you found something hard that gradually became easier. Remember, "If it doesn't challenge you, it won't change you!" Changing our brains is hard work but so rewarding and important.

## Goodbye Playground

This week we are saying goodbye to our Primary playground equipment. We have had this equipment for the best part of 20 years and it has served the children at Emmaus well. It is time for new playground equipment to be installed so that we can continue to ensure the safety and happiness of our students. The 2017 SRC representatives had a hand in selecting the new playground design which we hope will provide our students with hours of fun, for years and years to come. If you would like a sneak-peak at our new playground, check out the plan emailed with the newsletter.

## National Day of Action against Bullying and Violence

I am pleased to announce that Emmaus will join in the National Day of Action against Bullying and Violence on Friday 16<sup>th</sup> March. Emmaus Catholic School will stand united with other communities to make a stand against bullying and violence. Bullying is in conflict with our Gospel values of peace, justice, respect, acceptance and as such, we do not tolerate it at our school. That said, from time to time incidents do occur and we want all students to understand that it is not acceptable and what they can do to make it stop. This National Day is a positive day of action, bringing schools and students together to help find workable solutions to bullying and violence. In these ways, we hope to equip students at Emmaus with strategies that will keep them safe and happy both during their school years and into the future. Keep an eye out for more news about this National Day.

Have a good weekend and God bless,  
Catherine

## Parents and Friends

For the recent events held by the P&F we are pleased to announced that for Special Lunch day \$678.80 was raised and for the Bunnings BBQ \$1,388.05.

We would like to thank the following parents, staff and local member for their assistance with this great effort:

Simon	Jenny	Mel	Tathiana	Paul	Peter	Anthony
Monica	Peta	Amanda	Lisa	Larna	Scott	Chris
Katherine	Nat Cook	Darren	Philip	Sarah	Cinammin	Marcus
Francesca	Jodie	Catherine	Steve	Brenton	Domenico	Mark
Matt	Paul	Anna	Jennifer	Kate		

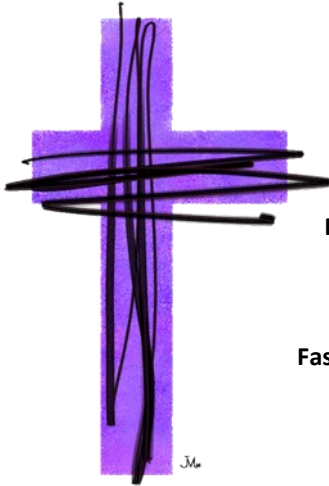
Thank you from the Emmaus P&F Committee

## LENT – AND SEASON OF FASTING...

Lent can be more than a time of fasting.  
It can also be a joyous season of feasting.  
Lent is a time to fast from certain things and to feast on others.

It is a season to:

- Fast** from judging others; **feast** on Christ living in them.  
**Fast** from emphasis on differences; **feast** on the unity of all life.  
**Fast** from apparent darkness; **feast** on the reality of light.  
**Fast** from thoughts of illness; **feast** on the healing power of God.  
**Fast** from words that pollute; **feast** on phrases that purify.  
**Fast** from discontent; **feast** on gratitude.  
**Fast** from anger; **feast** on patience.  
**Fast** from pessimism; **feast** on optimism.  
**Fast** from worry; **feast** on appreciation.  
**Fast** from complaining; **feast** on appreciation.  
**Fast** from negatives; **feast** on affirmatives.  
**Fast** from unrelenting pressures; **feast** on unceasing prayer.  
**Fast** from hostility; **feast** on non-resistance.  
**Fast** from bitterness; **feast** on forgiveness.  
**Fast** from self-concern; **feast** on compassion for others.  
**Fast** from personal anxiety; **feast** on eternal hope through Jesus.  
**Fast** from discouragement; **feast** on hope.  
**Fast** from lethargy; **feast** on enthusiasm.  
**Fast** from suspicions; **feast** on truth.  
**Fast** from idle gossip; **feast** on purposeful silence.  
**Fast** from thoughts of weakness; **feast** on promises that inspire.  
**Fast** from problems that overwhelm; **feast** on prayer that undergirds.  
**Fast** from everything that separates us from the Lord; **feast** on everything that draws us to the Lord.  
*(Fasting and Feasting By William Arthur Ward)*



May your Lenten season continue to be a time of growth and discovery- in your relationship with God and the person you were created to be.



### SUPPORTING PROJECT COMPASSION IN 2018

A Project Compassion Box and our Lenten Family Pages were finally sent home this week. There are many different ideas to help children understand the season of Lent. May you and your family be open to God's presence through this season of Lent; and may every moment, especially moments of sacrifice and challenge be filled with the deep and true happiness that comes from God.





## BREAD AND RICE DAY- LIVING SIMPLY AND SUSTAINABLY

Each year during Lent, the Emmaus community comes together for **Bread and Rice Day**. This year Bread and Rice Day will be held on Friday 9<sup>th</sup> March. This day is a special time to reflect on the many gifts with which God has blessed us and consider ways we can live more simply.

Children will be asked to **bring a gold coin** for Caritas' Project Compassion and will replace their normal lunch with a simple meal of a bread roll and a cup of rice. Students will be asked to bring in their own cup for this lunch. We come together for a special prayer liturgy, before sharing in our simple lunch. Everything we do has an impact on our earth and the environment and on our human brothers and sisters. So on this day classes will also consider how they can reduce their impact on the earth's resources. We will also be asking for lots of parents support with organising the lunch. Please see the separate note sent home to families for more information.

## 2018 MORPHETT VALE PARISH SACRAMENT PROGRAM

The Sacrament Program began in early February.

This program is especially for children 7 years of age and older who would like to continue their spiritual journey in the Catholic Church and receive the Sacraments of **Confirmation** and **First Holy Communion**. The Sacrament Program will be held fortnightly on Tuesday evenings at 5:30pm - 7:00pm in the Morphett Vale Parish Hall, during school terms only.

These dates include:

**Term 1: March 6th March 20th**

**Term 2: May 1st May 15th May 29th June 12th June 26th**

**Term 3: July 24th Aug 7th Aug 21st Sept 4th Sept 18<sup>th</sup>**

**Term 4: Oct 16th Oct 30th Nov 13<sup>th</sup>**

Contact the parish office for more information or to register your child by phone: 8326 1555, via email ([mvparish@internode.net.au](mailto:mvparish@internode.net.au)) or by visiting their website (<http://www.morphettvalecatholic.com/>)

## BAPTISM

God calls each of us to a closer relationship with God where we can gain clarity, fulfillment and true happiness. It can be hard to hear this call and there is certainly enough noise to distract us. But when the time is right, something opens us to a deeper understanding and we are transformed. May we each take time to listen more closely to God's call. What awesome things has God got planned for you?

There have been a number of parents and families asking about Baptism in the parish and seeking baptism for their children. The parish is certainly here to support families on this very important stage on their faith journey. If there are any other families interested in baptism, please contact the parish office on 8326 1555 or visit the website: <http://www.morphettvalecatholic.com/> . I may also be able to answer any of your questions.

## RCIA (RITE OF CHRISTIAN INITIATION FOR ADULTS)

Adults who are interested in Baptism, Confirmation and First Communion prepare and celebrate through the Rite of Christian Initiation for Adults (RCIA.) In the Morphett Vale Catholic Community, the program begins in the second half of the year and the sacrament is celebrated on Easter Saturday the following year. If anyone is interested or just wants to find out more about the program, please contact the parish office on 8326 1555 or visit the website: <http://www.morphettvalecatholic.com/> . I may also be able to answer any of your questions.

God Bless,

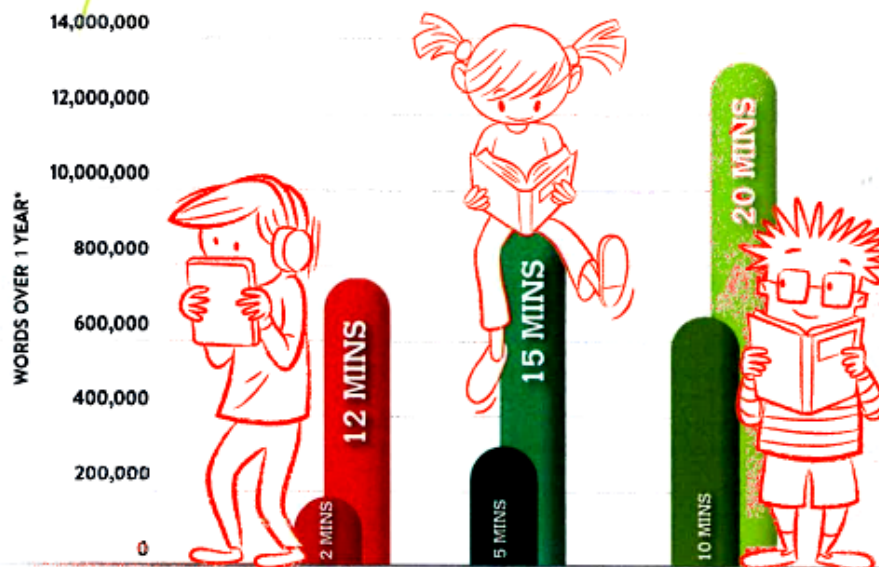
Paul Mensforth

APRIM (Assistant Principal –Religious Identity and Mission)

[pmensforth@emmaus.catholic.edu.au](mailto:pmensforth@emmaus.catholic.edu.au)

# ADDING 10 MINUTES TO A CHILD'S A DAY READING MAKES A BIG DIFFERENCE OVER THE YEAR.

## A COMPARISON OF YEAR 5 CHILDREN



\*Adapted from Adams (2006) with baseline data from Anderson, Wilson & Fielding (1998).

### DID YOU NOTICE?

THE MORE MINUTES CHILDREN READ PER DAY, THE MORE FLUENT THEIR READING BECOMES.  
FROM 5 MINUTES TO 15 MINUTES PER NIGHT THERE IS AROUND

**A 200% INCREASE IN WORD EXPOSURE OVER ONE YEAR!**

RESEARCH SHOWS US THAT THE BENEFITS OF READING MORE  
IMPROVE PERFORMANCE IN:

**GENERAL KNOWLEDGE, VOCABULARY,  
READING COMPREHENSION, VERBAL FLUENCY  
AND SPELLING.\*\***

\*\*Curvingham and Stanovich (1998).



## Student Representative Council

The Student Representative Council plays a very important role in allowing students to voice their opinions, share their concerns and promote school spirit. The Council gives students the valuable and rewarding opportunity to show leadership by identifying areas for improvement within the school and influencing school decision making on many levels.

The following students are representing their class as SRC Representatives. All classes have begun weekly class meetings on classroom, school or community needs. The students are keen and will be educating the school regarding CLEAN UP DAY and NUDE FOOD with a slide show at Assembly this week.

### SRC Representatives 2018 Semester One

#### Reception RS

Brooke Shirley  
Billy Davidson

#### Reception RDA

Andrea de Dezsery  
Joy Aartsen  
Victoria Powney

#### Year 1/2G

Mirta Groeschel  
Christian Monsigneur

#### Year 1/2M

Romana Millemaci  
James Kernot

#### Year 1/2 MR

Danielle McNab  
Rebecca Riley  
Mackenzie Benham

#### Year 3AR

Lauren Adams  
Justine Raponi  
Nicholas Tippins

#### Year 4/5H

Jennifer Houareau  
Caroline Aro  
Derick Robert

#### Year 4/5PM

Carla Payton  
Jessica McMahon  
Ruby Kerrison

#### Year 6/7MS

Paul Mensforth  
Alicia Sandercock

#### Year 6/7RM

Ben Ryan  
Kristy McKay

#### House and Vice Captains

Aden Croser  
Indiah Battams  
Jasmine Ellis

#### House and Vice Captains

Ashlee Franklin  
Tayla Baldwin  
Will Threadgold

## Volunteering at Emmaus - Police Checks

In 2017 the Catholic Church in SA foreshadowed changes to some of the arrangements relating to police checks for volunteers. These changes are consistent with moves across South Australia to align the volunteer police checking process more closely with recommendations arising from the Royal Commission into Institutional Responses to Child Sexual Abuse.

#### **Acceptable Forms of Clearances:**

Catholic Archdiocese of Adelaide—Police Check Unit (letter or card)

Department for Families and Social Inclusion—DCSI Child-Related Employment Screening (valid for 3 years);

Teachers Registration Board—South Australian TRB Certificate;

SA Police Officer—SAPOL Badge;

Licensed Bus Driver— Accreditation Card/Bus licence or company engagement documentation which states the driver is fully accredited by DPTI;

Licensed Security Guard (OCBA);

#### **People who must have a Police Check:**

Parents/Guardians/Grandparents or anyone volunteering on a regular basis and on excursions.

Students completing work experience at Emmaus.

Volunteers who come in occasionally and are supervised, e.g in the classroom with a teacher or assisting at a P&F event (under direct supervision of someone who has a Police Clearance), may do so without a Police Check up to 7 times in a calendar year.

*Please note—National Police Certificates are no longer acceptable.*

For further information please see Monica or Maree in the Front Office.

N.B. Applications generally take approximately 6 weeks to process, sometimes longer.



Welcome to the new school year! Have you heard about *School Community Rewards*, and how it can help you AND our school?



### Find out more about Credit Union SA's *School Community Rewards*

Credit Union SA recently caught up with parents and teachers to find out just what it is that *School Community Rewards* can do for themselves, their families and their school community:

[Watch the video](#)



### Meet Eliza Pryce – our school's *School Community Rewards* representative

You will be seeing Eliza around our school, supporting events.

Eliza is happy to assist you with any questions you have about *School Community Rewards* and how you can easily help raise funds for your school. Plus she can assist you with your banking so you can do more with your money.

**Phone** 0499 772 966

**Email** [epryce@creditunionsa.com.au](mailto:epryce@creditunionsa.com.au)



### Ready to join the *School Community Rewards* program?

If you're not yet a member of Credit Union SA, signing up and becoming part of the *School Community Rewards* program is easy.

You'll soon be on your way to helping raise funds for our school.

[Join School Community Rewards](#)

Find out more

[creditunionsa.com.au/scr-families](https://www.creditunionsa.com.au/scr-families)



To view the video in this article please use this link:

[https://www.youtube.com/watch?time\\_continue=5&v=T8AJ8ryLF4Y](https://www.youtube.com/watch?time_continue=5&v=T8AJ8ryLF4Y)